

## **CHOOSING A NURSING HOME**

One of the factors that should be considered when choosing a nursing home is its location. Important relationships can be maintained if the nursing home is located near family and friends who will visit frequently.

Use the following sources to list possible nursing homes in your chosen area.

- Your county Community Options Program (COP) within the social services or human services department (check the county government section of your telephone book).
- Your local county Aging Unit or Office on Aging, which can be found in the telephone yellow pages.
- The Board on Aging and Long Term Care Ombudsman Program in your area (phone numbers at the end of this pamphlet).
- If the person is in a hospital, ask the hospital social worker, social services department or discharge planner early during the person's hospital stay.
- Physicians, clergy and friends.
- The Bureau of Quality Assurance's Regional Offices (phone numbers at the end of this pamphlet).
- The telephone book yellow pages under nursing homes.
- The Alzheimer's Association Chapter Network (phone numbers at the end of this pamphlet).